



Rockingham

COMMUNITY COLLEGE

Nurse Aide

NUR 3240

This program is designed to prepare graduates to provide personal care and perform basic nursing skills for the elderly and other adults. Emphasis on aging process including mental, social and physical needs of the elderly, patients' rights, nutrition management, elimination procedures, safe environment, restorative services, personal and special care procedures and activities, human body structure and function and related common disease/disorders, communication and documentation, death and dying, and roles of the nursing assistant and health team members. A skill/competency evaluation is required.

The course includes class, laboratory and clinical learning experiences. Upon satisfactory completion of the course and skill/competency evaluation, the graduate is eligible to apply for listing as a Certified Nurse Aide I by the N.C. Division of Facility Services.

REGISTRATION CHECKLIST

- STEP 1:** Complete [NC Residency \(RDS\) and the RCC application](#) on the college website.
- STEP 2:** [Schedule an appointment](#) to talk with an admissions counselor to discuss the Nurse Aide program requirements and registration process.
- STEP 3:** Send your official high school or GED transcript to the Admissions Office. Official transcripts can be emailed to transcripts@rockinghamcc.edu.
- STEP 4:** After your appointment, submit the Nurse Aide Registration Form and required documentation to the Admissions Office. You will receive the Nurse Aide Registration Form link by email after your appointment with RCC Admissions.

The following items are required for enrollment in the course:

- Nurse Aide Registration Form
- Official high school or GED transcript on file with the Admissions Office
- Copy of government-issued photo ID (i.e., driver's license, passport)
- Copy of signed social security card (first and last name must match photo ID)

- STEP 5:** Submit the \$192 registration payment to the Business Office.

CONTACT INFORMATION

RCC Admissions Office
(336) 342-4261 x2333

Nurse Aide Course Information

COST & ADDITIONAL FEES

Cost of Class		\$192
Additional Fees		
• State Testing (at the completion of the class)		\$140
• Textbook/workbook/skills packet (available in the RCC Bookstore)	approx.	\$85
Additional Items	approx.	\$56
<i>(do not purchase until after the first day of the class and instructor has discussed the details)</i>		
• Stethoscope/blood pressure cuff kit		
• Watch with second hand		
• Pocket notebook with blue or black pen		
• Uniforms – Caribbean Blue scrub top and Caribbean blue pants, white leather shoes (available in the RCC Bookstore)		
• Gait/transfer belt		
Total Cost Estimate	approx.	\$ 473

PHYSICAL REQUIREMENTS

Students must be able to stand for up to 12 hours, stoop, bend, balance themselves and the patient and lift 50 lbs. The student must be able to hear quiet sounds, changes in tone, fluently speak and understand the English language, have adequate hand/eye coordination to complete skills, and sensation in fingertips to assess tactile changes in pulse, etc.

If at any time the student refuses or is unable to perform these physical activities when asked by the instructor, he/she will be dismissed from the program. Nursing Assistant duties are physically demanding and require routine performance of these activities.

NURSE AIDE PROGRAM DRESS CODE

- Fingernails must be no longer than $\frac{1}{4}$ inch. No artificial nails, overlays or fingernail polish.
- No jewelry other than a wedding band and a watch with a second hand.
- No visible body piercings.
- Natural hair color only.
- No cologne or perfume.
- Light make-up.
- No visible tattoos or body art.
- Caribbean Blue clean scrubs must be worn to lab and clinical site (free of animal hair and/or dirt).