

## Foundations of Nursing (NACE I)

*Foundations of Nursing* has individual questions involving clients who have common health problems. The nursing process – assessing, analyzing, planning, implementing and evaluating – is applied in items throughout the test. The Questions include a sample of situations involving clients in health care settings with one or more of the following conditions.

Pain	Chronic illness
Fluid and electrolyte imbalance	Death and dying
Incontinence	Preoperative care
Infectious disease	Postoperative care
Loss of consciousness	Stress

The Content areas are divided into the following general headings:

### Basic Health Needs

#### Physiologic Needs

- Hygiene
- Comfort
- Safety
- Body Alignment
- Exercise and ambulation
- Rest and sleep
- Nutrition
- Elimination
- Respiration and circulation
- Fluids and electrolyte balance
- Growth and development

#### Psychosocial

- Sexuality
- Spiritual preference, cultural
- Self-esteem
- Belonging
- Stimulation
- Loss and death
- Self-actualization
- Security
- Defense mechanisms
- Growth and development

#### Communication

- Documentation
- Verbal Communication
- Non-Verbal Communication

#### General Principles of Medication Administration

Moral/Ethical/Legal Issues