

RCC COVID-19 Case Procedures

The following procedures for responding in cases where individuals have potentially been exposed to COVID-19 are based on CDC guidelines for institutions of higher education, with concern for public safety as the top priority. Knowledge and understanding of the COVID-19 virus continue to evolve, and these procedures will be updated as appropriate as more information becomes available.

I. Student Procedure

Students who have been sick with COVID-19 symptoms, tested positive for COVID-19, or have been potentially exposed to someone with COVID-19 are to be instructed to follow CDC guidance. RCC recognizes that individuals may have incidental occupational exposure to positive COVID-19 patients. The College does not view this as an exposure if the individual is wearing medically approved personal protection equipment (PPE).

The following actions are to be taken:

- Instructor:
 - The student's instructor is to report the case immediately to Caleb Rorrer, the COVID-19 student case coordinator, at rorrerm8871@rockinghamcc.edu, Tony Gunn, Associate Vice President Facilities and External Affairs, at gunnt@rockinghamcc.edu, and appropriate division dean. The instructor will provide the coordinator and division dean with the student name, ID number, when the student last attended class, and any additional information.

- Student Case Coordinator:
 - Ask the student the following questions:
 - Did you go anywhere on campus other than the building(s) in which your class/es is/are located?
 - What are your symptoms? When did they begin?
 - When were you last on campus?
 - Have you been tested for COVID-19?
 - What is the best contact number for you?
 - Instruct the student to stay home and follow the advice in Section III below, depending on the situation. Copy the appropriate instructor(s), department chair(s) and dean(s) on the communication.
 - Look up the student's course schedule to determine if he/she is enrolled in other credit and non-credit classes. Communicate the case to appropriate faculty, department chair(s)/program director(s), dean(s), and the Associate Vice President for Facilities and External Affairs, Tony Gunn.

- Respond to inquiries about whether/when a student can return to class, keeping all appropriate personnel informed.
- Notify Joy Chappell, Director of Human Resources.
- Division Dean
 - Communicate with the class(es) that an individual in the class(es) is experiencing symptoms of COVID-19, has been exposed to COVID-19 or has tested positive for COVID-19, and inform students of the status of their classes, copying the appropriate faculty, department chair(s), Caleb Rorrer, Tony Gunn, Joy Chappell, and the appropriate administrative assistant.
 - If the communication takes place in the class, it is to be followed up with an email.
 - Document decisions about status of classes.
- Associate Vice President for Facilities
 - Report the case to the Rockingham County Department of Health (or to the health department in the student's county of residence, if different), and
 - Arrange for potentially affected areas to be cleaned and disinfected. Dr. Gunn will work with the coordinator to determine if areas need to be closed and when activities can resume.

II. Employee Procedure

An employee who has been sick with COVID-19 symptoms, tested positive for COVID-19, or has been potentially exposed to someone with COVID-19 is to be instructed to follow CDC guidance. RCC recognizes that individuals may have incidental occupational exposure to positive COVID-19 patients. The College does not view this as an exposure if the individual is wearing medically approved personal protection equipment (PPE).

The following actions are to be taken:

- Employee's supervisor
 - Report the case immediately to:
 - Joy Chappell at chappellj@rockinghamcc.edu and Megan Bailey, Human Resources Specialist, at baileym4990@rockinghamcc.edu
 - Department chair/program director (where applicable)
 - Division dean
- Human Resources
 - Instruct the employee to follow the advice in Section III below, depending on the situation.

- Ask the employee about their symptoms and when they began, when s/he was last on campus, with whom s/he came in contact, and buildings s/he entered.
- Inform supervisor, department chair/program director and division dean when employee can return. If asked to isolate or quarantine, inform the appropriate VP as well.
- Communicate possible exposure to potentially affected parties after consulting with Tony Gunn.
- Associate Vice President for Facilities and External Affairs
 - Report the case to the Rockingham County Department of Health (or to the health department in the student's county of residence, if different)
 - Arrange for potentially affected areas to be cleaned and disinfected
 - Work with appropriate individuals to determine if areas need to be closed and when activities can resume.

III. Students/Employees Return to Campus

The following four situations are provided as guidance for determining when students and employees can return to campus:

A. I think or know I had COVID-19, and I had symptoms

You can be with others after:

- 5 full days since symptoms first appeared **and**
 - 24 hours with no fever without the use of fever-reducing medications **and**
 - Other symptoms of COVID-19 are improving* **and**
 - Should wear a well-fitting mask until day 10 any time you are around others
- *Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*

Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results. If an individual has access to a test and wants to test, the best approach is to use an antigen test towards the end of the 5-day isolation period. If your test result is positive, you should continue to isolate until day 10.

B. I tested positive for COVID-19 but had no symptoms

If you continue to have no symptoms, you can be with other people after:

- 5 full days since you had a positive viral test **and**
- Should wear a well-fitting mask until day 10 any time you are around others

Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results. If an individual has access to a test and wants to test, the best approach is to use an antigen test towards the end of the 5-day isolation period. If your test result is positive, you should continue to isolate until day 10.

If you develop symptoms after testing positive, follow the guidance above for “I think or know I had COVID-19, and I had symptoms.”

C. I have been in close contact with someone with COVID-19

If you came into close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine.

- You are ages 18 or older and have received all recommended primary vaccine doses, two boosters, and additional primary shots for some immunocompromised people.
**The 2nd booster is not required to be considered up to date for people ages 18 through 49 years who got a J&J/Janssen COVID-19 vaccine for both their primary dose and 1st booster.*
- You are ages 12-17 years and completed the primary series of COVID-19 vaccines and one booster.
- You had confirmed COVID-19 within the last 90 days (you tested positive using a viral test) unless you develop symptoms.

If you come into close contact with someone with COVID-19, you do quarantine if you are in one of the following groups:

- You are ages 18 or older and completed the primary series of recommended vaccine, but have not received the 2 recommended booster shots when eligible.
- You received the single-dose Johnson & Johnson vaccine (completing the primary series) over 2 months ago and have not received a recommended booster shot.
- You are not vaccinated or have not completed a primary vaccine series.

D. What to do for quarantine

You can be with others after:

- 5 full days from your last close contact with a person who has COVID-19 **and**
- You do not develop any symptoms since your last close contact **and**
- Should wear a well-fitting mask until day 10 any time you are around others

If you develop symptoms, get tested immediately and isolate until you receive your test results. If you test positive, follow the guidance for “I think or know I had COVID-19, and I had symptoms.”.

If you do not develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.

If you test negative, you can return to campus.

If you test positive, you should isolate for at least 5 days from the date of your positive test (if you do not have symptoms). If you do develop COVID-19 symptoms, isolate for at least 5 days from the date your symptoms began (the date the symptoms started is day 0).

If you are unable to get a test 5 days after last close contact with someone with COVID-19, you can return to campus after day 5 if you have been without COVID-19 symptoms throughout the 5-day period. Wear a well-fitting mask for 10 days after your date of last close contact when around others at home and in public.

IV. Steps to Take After COVID-19 Testing

There are a number of reasons why you may be tested for COVID-19. It may be because you have COVID-19 symptoms, were a close contact of someone with COVID-19, are in a job or a population that may be at higher risk for exposure and suspect you may have been exposed to COVID-19; or are in a job or a population for which routine or repeat testing is recommended or required.

The information below will help you to determine what you should do while you are waiting for your test results, and what to do after your test results are available.

What do I do while I wait for my test results?

If you have any COVID-19 symptoms, were tested because you were exposed to someone with COVID-19, or you suspect you may have been exposed to COVID-19, you should stay home and, as much as possible, avoid others in your household. In addition, if you were tested because you have COVID-19 symptoms, everyone in your household should stay at home as much as possible until your results are known.

If you were tested for COVID-19 but have no symptoms and no known or suspected exposure to someone with COVID-19 (for example, as part of a workplace screening program), you do not need to stay home while waiting for your results unless you are told to do so by your employer or by a public health official.

What if my test is negative?

If you were tested because you have symptoms, you should stay home until you have no fever without the use of fever-reducing medicines, and you have felt well for at least 24 hours.

If you were tested because you have symptoms and a healthcare provider still thinks you have COVID-19, even with a negative test, you should stay home and, as much as possible, avoid others in your household until you can say yes to ALL three of the following questions:

- Has it been at least 5 days since you first had symptoms?
- Has it been at least 24 hours (1 day) since you have had a fever without using fever-reducing medicine?
- Have your other symptoms improved (such as coughing and shortness of breath)?

A test-based strategy is no longer recommended to discontinue isolation or precautions, and RCC does not require documentation of a negative test before allowing an employee or student to return.

If you were tested for another reason that is not because of a known or suspected contact with someone who tested positive for COVID-19 and have no symptoms, then you can resume your regular activities.