



# Psychiatric Technician Level 1

## Information Packet

### REGISTRATION CHECKLIST

- STEP 1:** Complete the RCC application process at <https://www.rockinghamcc.edu/admissions-aid/apply/>. Schedule an appointment to talk with an admissions counselor to discuss Psychiatric Technician the requirements and registration process.
- STEP 2:** Send your official high school or GED transcript to the Admissions Office. Official transcripts can be emailed to [transcripts@rockinghamcc.edu](mailto:transcripts@rockinghamcc.edu).
- STEP 3:** Submit the Psychiatric Technician Registration Form and required documentation to the Admissions Office.
- STEP 4:** All items are required in order to register for the course.
- Psychiatric Technician Registration Form
  - Official high school or GED transcript on file with the Admissions Office
  - Copy of government-issued photo ID (i.e., driver's license, passport)
  - Attend a required HRD course.
- STEP 5:** Submit the registration payment to the Business Office
- STEP 6:** Attend the required Orientation meeting and HRD class

### CONTACT INFORMATION

RCC Admissions Office  
(336) 342-4261 x2333

## COURSE DESCRIPTION:

This program is designed to prepare individuals with the knowledge and skills needed to provide safe, therapeutic patient care to individuals who have mental health/behavioral needs in an effective and ethical manner. Course work includes lecture, clinical instruction, isolated clinical experiences, module assignments, module tests, and class projects, delivered through a variety of learning modalities. Successful completion of this instruction will prepare students for Level I American Association of Psychiatric Technicians (AAPT) certification exam and entry level positions for Psychiatric Aides, Mental Healthcare Technicians and Healthcare Techs/Nurse Aides whose primary patient population has special mental health/behavioral needs.

## COST & ADDITIONAL FEES

*Pre-payment for class and background check is required*

Registration Cost ( <i>includes technology fees and insurance</i> )	\$192
Additional Fees	
• Textbook (available in the RCC Bookstore)	\$100
• Certification Exam	\$139
Additional Items	
<i>(do not purchase until after the first day of the class and instructor has discussed the details)</i>	
• Uniforms Gray in color/black or white nursing shoes or tennis shoes	approx. \$122
<b><i>Uniforms may be purchased at RCC'S Bookstore</i></b>	
<b>Total Cost Estimate</b>	<b>approx. \$553</b>

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## PHYSICAL REQUIREMENTS

Psychiatric technicians will do moderate physical activity. Assists patients with activities of daily living; attends to patient behavioral problems and provides assistance in crisis intervention, as needed. Requires handling of average-weight objects up to 25 pounds or standing and/or walking for more than four (4) hours per day. Charts patient observations, following prescribed procedures and standards. Participates in the development and implementation of patient treatment programs. Maintains confidentiality of patient records. Provides care to patients in a manner that promotes safety, comfort, and the therapeutic environment.

## Psychiatric Technician Level 1 Dress Code

- Fingernails must be no longer than ¼ inch. No artificial nails or fingernail polish.
- No jewelry other than a wedding band.
- No visible body piercings.
- Natural hair color only.
- No cologne or perfume.
- Light make-up.
- No visible tattoos or body art.
- Gray clean scrubs and black or white non-slip leather nursing shoes or a black/white tennis shoe must be worn to class.